



 **March 2019** 

Substitutions May Occur

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pork Chop w/Gravy Mashed Potatoes Peas & Carrots Strawberries & Chocolate Mousse
4 Baked Tilapia Scalloped Potatoes Roasted Veggies Cherry Cobbler	5 Cold Turkey Salad on Pita Tomato/Garbanzo Salad Citrus Salad	6 Pork & Salsa Verde Rice/ Tortillas Mixed Vegetables Peaches	7 Grilled Chicken Cobb Salad Herb Roll Mandarin Oranges	8 BINGO Meatloaf Mashed Potatoes/Gravy Wheat Roll Green Beans Jello/Fruit Cup
11 Breakfast Burrito Carrot Salad Yogurt/Berries	12 Chicken/Sausage Jambalaya Tuscan Veggies Cornbread Muffin Fruit Cocktail	13 Swedish Meatballs Rice 3 Bean Salad on Greens Bran Muffin Pineapple/Cottage cheese	14 ST. PATRICK'S DAY LUNCH Corn Beef/Cabbage Potatoes/Carrots Irish Soda Bread Green Desert	15 Cheeseburger French Fries Broccoli Salad Peaches & Ice cream
18 Beef Stroganoff Egg Noodles Blueberry Muffin Peas & Carrots Tropical Fruit	19 Chicken Enchiladas Refried Beans Cactus Salad Mangos/Cream	20 BIRTHDAY PARTY BBQ Ribs French Fries Tuscan Veggies Fruit Cocktail/Cake	21 Fish Tacos Spanish Rice Oriental Vegetables Mandarin Oranges	22 BINGO Spaghetti w/ Meat Sauce Garlic Bread Italian Veggies Apple Crisp
25 Tuna Sandwich Chips Tomato/Cucumber Salad Grapes	26 Tamale Pie Spinach Salad Mandarin Oranges Chocolate Chip Cookies	27 CRAFT DAY Salmon Rice Risotto Oriental Salad Poppy Seed Muffin Citrus Salad	28 Beef Fajitas W/Tortillas Refried Beans Green Salad Peaches/Cottage Cheese	29 Seafood Pasta Salad Bran Muffin Berries & Cream

Suggested Donation for Seniors Dining-In is \$ 2.00 per meal. Fixed fee for Non-Senior or any order packed "TO GO" is \$ 4.50 per meal.