




Monday	Tuesday	Wednesday	Thursday	Friday
 <small>clipartof.com/28169</small>	<b>Senior Center Closed 1</b> 	<b>2</b> Tuna Sandwich Chips Spinach Salad Mango & Cream	<b>3</b> Chicken Parmesan Garlic Bread Broccoli Tropical Fruit	<b>4</b> <b>BINGO</b> Cheeseburger French Fries Coleslaw Jello/Fruit cup
<b>7</b> Corn Chowder Chicken Nuggets Poppy Seed Muffin Brussel Sprouts Mandarin Oranges	<b>8</b> Beef Stroganoff Wheat Roll Mixed vegetables Peaches	<b>9</b> Chicken Veggie Casserole Cheese Biscuit Green Beans Fruit Cocktail	<b>10</b> BBQ Pork Ribs Macaroni Salad Ginger Bread Muffin 3 Bean Salad Berries and Cream	<b>11</b> <b>BINGO</b> Lasagna Garlic Bread Broccoli Salad Bananas/ Pudding
<b>14</b> Philly Cheese Steak Sandwich French Fries Spring Mix Salad Citrus and Coconut Salad	<b>15</b> Pork Chops/Mushroom Gravy Mashed Potatoes Hawaiian Roll Tomato/Cucumber Salad Pears	<b>BIRTHDAY LUNCH 16</b> Chicken Tortilla Soup Malibu Vegetables Cheese Biscuit Cottage Cheese/Pineapple Cake	<b>17</b> Swedish Meatballs Bran Muffin Peas and Carrots Mango	<b>18</b> Cajun Catfish Green Salad Brown Rice Mandarin Oranges
<b>Senior Center Closed 21</b>  <small>Martin Luther King, Jr. January 15, 1929</small>	<b>22</b> Roast Turkey Sandwich With Gravy Cornbread Stuffing Carrot Salad Tropical Fruit	<b>23</b> Broccoli Cheese Soup Honey Wheat Roll Oriental Salad w/chicken bites Yogurt Parfait	<b>24</b> Buffalo Wings <b>SALAD BAR</b> Blueberry Muffin French Fries Peaches/Cottage cheese	<b>25</b> <b>BINGO</b> Beef Tacos Spanish Rice Refried Beans Mexican Coleslaw Peaches
<b>28</b> BBQ Chicken Potato Salad Zucchini Muffin Tomato/Garbanzo Salad Berries and Cream	<b>29</b> Pork Roast Mashed Potatoes/Gravy Hawaiian Roll Brussel Sprouts Waldorf Salad	<b>CRAFT DAY 30</b> Baked Salmon Brown Rice Broccoli Jello/Fruit Cup Oatmeal Cookie	<b>31</b> Beef Stew Roll Italian Green Beans Citrus and Coconut Salad	

**Suggested Donation for Seniors Dining-In is \$ 2.00 per meal. Fixed fee for Non-Senior or any order packed "TO GO" is \$ 4.50 per meal.**