

April 2019



Substitutions May Occur

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Philly Cheesesteak Chips Cole Slaw Peach Crisp</p>	<p>2</p> <p>Pork Roast Mashed Potatoes/Gravy Cheddar biscuit Peas & Carrots Strawberries & Mouse</p>	<p>3</p> <p>Chicken Chow Mein Rice Oriental Vegetables Yogurt Parfait</p>	<p>4</p> <p>Cajun Catfish Herb Noodles Bran Muffin Tomato/Cucumber Salad Peaches</p>	<p>5</p> <p>BINGO Pizza Deluxe Salad Bar Pineapple & Cottage Cheese</p>
<p>8</p> <p>Pork Chops Red Potatoes/ Gravy Italian Vegetables Zucchini Muffin Tropical Fruit</p>	<p>9</p> <p>Yoga /Quilting Country Captain Chicken Wild Rice Carrot Salad Fruit Cocktail</p>	<p>10</p> <p>Beef Tostada Bowl Spanish Rice Mangos & Cream</p>	<p>11</p> <p>Shrimp Louie Salad Blueberry Muffin Mandarin Oranges</p>	<p>12</p> <p>CARD DAY BLT Chicken Avocado Wrap Chips Grapes</p>
<p>15</p> <p>Salisbury Steak Mashed Potatoes/Gravy Bran Muffin Brussels Sprouts Peaches & Cottage Cheese</p>	<p>16</p> <p>Chair Yoga Chicken Pot Pie Spring Mix Salad Fruit Cocktail</p>	<p>17</p> <p>Baked Salmon Rice Risotto Broccoli Salad Citrus Salad</p>	<p>18</p> <p>Easter Lunch & Birthday Party Baked Ham Cornbread Stuffing Green Bean Casserole Cake/Pineapple</p>	<p>19</p> <p>BINGO Beef Stir Fry Brown Rice Oriental Salad Jello Fruit Cup</p>
<p>22</p> <p>Grilled Chicken Salad Yogurt & Fruit Cookie</p>	<p>23</p> <p>Yoga/Quilting Italian Meatball Sandwich 3 Bean Salad on Greens Waldorf Salad</p>	<p>24</p> <p>Oven Fried Chicken Potato Salad Coleslaw Peaches</p>	<p>25</p> <p>CRAFT DAY Shredded Beef Tacos Guacamole Refried Beans Chuckwagon Corn Tropical Fruit</p>	<p>26</p> <p>BUNKO Clam Chowder Roll Green Salad Orange Apple Strudel</p>
<p>29</p> <p>Ham & Cheese Sandwich Chips Spinach Salad Berries & Cream</p>	<p>30</p> <p>Chair Yoga Honey Dijon Chicken Wild Rice Italian Vegetables Mandarin Oranges</p>			

Suggested Donation for Seniors Dining-In is \$ 2.00 per meal. Fixed fee for Non-Senior or any order packed "TO GO" is \$ 4.50 per meal.